



ImPACT CONCUSSION CLINIC PACKAGED PROGRAM

This package is offered to athletes who are uninsured or have insurance in which Monroe Clinic is an out-of-network provider. In addition, the athlete has no other mitigating diagnosis or other injury.

First post-concussion visit: \$250.00 due at time of visit (Cash/Check/Credit card accepted)

_____ I understand that no bill or charges will be sent to insurance carrier.

Concussion Clinic Package includes:

Professional service/visit(s) provided by: Dr. Morrison-Neurology (Monroe, Freeport) or
Dr. Cates – Family Practice (Brodhead)

This service includes medically necessary office visits and Post-ImPACT neurological testing related to the evaluation and treatment of concussion symptoms for up to 3 months following the date of the concussion.

Services excluded from this package: Emergency Room, Medical Imaging, and any other Monroe Clinic Services/Physicians not specified above.

_____ I understand this package ends upon notice that athlete is safe to return to play or 3 months from the date of the concussion, whichever comes first.

_____ I understand that if another concussion occurs, then the purchase of another package would be required with another \$250.00 fee.

(For convenience, the post-ImPACT neurological test can be completed at the school location for an additional \$45.00 charge.)

Athlete's Information: (please print) Name: _____

Address: _____

City/State: _____

Insurance Carrier: _____

Date of concussion _____

To be completed by Athlete or Guardian if athlete is a minor:

By signing below I agree to above conditions and agree to provide payment at the time of the First Concussion visit.

Guardian or Responsible Party:

Printed Name

Signature

Any questions or to schedule appointment please call 1.608.325.PLAY (7529)

Athlete/Parent Information for Managing a Concussion

Your child has received an injury to the head. A careful medical examination has been carried out and signs of a concussion have been found. Your child will need **monitoring for an extended period of time by a responsible adult** and must be seen by a physician prior to returning to activity.

Monroe Clinic and Hospital
515 22nd Avenue
Monroe, WI 53566
608-324-2000

Albany
700 Carolan Dr.
Albany, WI 53502
608-862-1616

Blanchardville
309 S. Main St.
Blanchardville, WI 53516
608-523-4261

Brodhead
1904 First Center Ave.
Brodhead, WI 53520
608-897-2191

Durand
400 S. Center St.
Durand, IL 61024
815-248-3443

Freeport
1301 S. Kiwanis Dr.
Freeport, IL 61032
815-235-1406

Freeport Eye Care
1110 S. Park Blvd.
Freeport, IL 61032
815-232-1105

Highland Women's Care
3103 W. Kunkle Blvd.
Freeport, IL 61032
815-233-0999

Lena
214 Schuyler
Lena, IL 61048
815-369-4541

Monroe Clinic - FastCare
405 W. 8th St.
Monroe, WI 53566
608-324-1940

New Glarus
1800 Second St.
New Glarus, WI 53574
608-527-5296

Signs to Watch For:

Problems could arise over the first 24-48 hours. Your child should not be left alone and **must** go to the hospital immediately if:

- Headaches become unbearable
- Becomes drowsy and cannot be awakened
- Can't recognize people or places
- Behaves unusually or seems confused/irritable
- Has any seizures
- Has weak or numb arms/legs
- Has repeated vomiting
- Slurred Speech

Other Important Points:

- **Do Not** use Aspirin, Ibuprofen, Aleve, Advil, or any other anti-inflammatory medication
- **Only** use **Tylenol** if needed to manage headache
- **Rest** and avoid strenuous activity
 - This includes:
 - TV
 - Video Games
 - Cell Phones
 - Driving
- Do not train or play sport until medically cleared
- No alcohol or sleeping tablets

Return to Play Criteria:

Athletes will not be returned to play the same day of injury unless cleared by an ATC or Physician. Athletes will follow a stepwise return to play protocol progression. In addition to this protocol, Monroe Clinic will use ImPACT Concussion Software as a tool in concussion management and may be utilized by our physicians to assist them in their return to play.

1. Rest until asymptomatic (physical and mental rest)
2. Light aerobic exercise (stationary cycle)
3. Sport specific exercise
4. Non-Contact training drills (start light resistance training)
5. Full Contact training after medical clearance
6. Return to competition (game play)

Athletes should expect at least 24 hours between each stage. The athlete will return to stage one if any symptoms arise.



Monroe Clinic

monroeclinic.org

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MEDICAL CLEARANCE MUST BE GIVEN BEFORE RETURN TO PLAY!!!

Discuss ImPACT as a concussion management tool with your physician

Concussion is a common injury, but often difficult to diagnose and treat. ImPACT provides your sports medicine clinician with information that can help take the guesswork out of concussion management and promote safe return to play decisions for your athletes.

To learn more about ImPACT and to schedule an appointment, please call the Monroe Clinic Sports Medicine Department at (608)-325-PLAY (7529).

Concussion Clinic:

This service is offered to your athlete as a way to get cleared after sustaining a concussion. This service is offered by Dr. Joshua Morrison, at Monroe Clinic. Concussion Clinic is held every Monday starting at 3:30 p.m. and running until 6 p.m. This offers a great opportunity for you to meet with our physician and have your athlete cleared for play. Concussion clinic offers services such as evaluation, ImPACT, and clearance for return to play.

To learn more about concussion clinic or to schedule an appointment please call:

Monroe Clinic Sports Medicine- (608)-325-PLAY (7529)

**Monroe Clinic Sports Medicine
(608) 325-PLAY**